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FLUORIDEX INSTRUCTIONS

Fluoridex tooth paste is an excellent product for prevention and remineralization of cavities and treatment of tooth sensitivity when used as directed.

- 1) Place a pea size amount of Fluoridex on your toothbrush.
- 2) Brush thoroughly for at least 2 minutes paying particular attention along gum line.
- 3) Spit out toothpaste.
- 4) DO NOT rinse your mouth.
- 5) DO NOT eat or drink for at least ½ hour after brushing.
- 6) For best results use twice daily, preferably morning and at bedtime.

Children under the age of 12 should not use this product unless specifically directed by Dr. Velgersdyk.

Fluoridex may be used in areas with fluoridated drinking water since topical fluoride cannot produce fluorosis.

Cavity and sensitivity prevention using Fluoridex is a long term (often lifelong) treatment regimen. When you run out of Fluoridex we can refill your prescription.